

SCOTTSDALE AQUATIC CLUB 2008 LCM TIME STANDARDS

| <i>Girls</i> | | | | <i>10 & U</i> | <i>Boys</i> | | | |
|--------------|---------|---------|---------|-------------------|-------------|---------|---------|----------|
| Far West | SOCAL | AZ Q | CC | Event | CC | AZ Q | SOCAL | Far West |
| :34.39 | :36.70 | :38.29 | :40.89 | 50 Free | :40.39 | :39.99 | :37.10 | :35.39 |
| 1:16.19 | 1:20.50 | 1:23.09 | 1:32.99 | 100 Free | 1:31.09 | 1:27.49 | 1:20.90 | 1:16.29 |
| 2:46.89 | 2:56.10 | 3:00.09 | 3:25.09 | 200 Free | 3:13.99 | 3:12.89 | 2:59.40 | 2:46.29 |
| 5:38.89 | -- | 6:11.49 | 6:55.89 | 400 Free | 6:52.69 | 6:17.99 | -- | 5:36.29 |
| :40.59 | :44.30 | :45.39 | :49.89 | 50 Back | :50.59 | :47.09 | :45.10 | :41.59 |
| 1:28.29 | 1:35.30 | 1:35.39 | 1:48.89 | 100 Back | 1:46.09 | 1:44.29 | 1:37.40 | 1:28.69 |
| :45.69 | :50.00 | :52.49 | :54.89 | 50 Breast | :55.09 | :54.49 | :50.50 | :46.29 |
| 1:39.99 | 1:47.40 | 1:49.79 | 2:03.79 | 100 Breast | 1:59.79 | 1:57.79 | 1:51.00 | 1:41.79 |
| :38.99 | :42.20 | :44.09 | :48.59 | 50 Fly | :46.89 | :50.19 | :42.60 | :39.39 |
| 1:30.59 | 1:39.00 | 1:43.19 | 1:56.19 | 100 Fly | 1:53.99 | 1:57.49 | 1:39.10 | 1:30.79 |
| 3:09.99 | 3:19.00 | 3:24.89 | 3:47.29 | 200 IM | 3:44.79 | 3:36.99 | 3:23.70 | 3:12.29 |

| <i>Girls</i> | | | | <i>11-12</i> | <i>Boys</i> | | | |
|--------------|---------|----------|----------|-------------------|-------------|----------|---------|----------|
| Far West | SOCAL | AZ Q | CC | Event | CC | AZ Q | SOCAL | Far West |
| :30.99 | :32.50 | :34.19 | :36.39 | 50 Free | :35.79 | :34.99 | :32.90 | :30.69 |
| 1:07.59 | 1:10.30 | 1:12.99 | 1:20.39 | 100 Free | 1:17.59 | 1:15.19 | 1:10.70 | 1:06.99 |
| 2:26.99 | 2:32.00 | 2:37.69 | 2:52.99 | 200 Free | 2:49.29 | 2:41.29 | 2:35.50 | 2:27.29 |
| 5:09.69 | 5:22.00 | 5:31.99 | 6:00.09 | 400 Free | 5:56.59 | 5:56.89 | 5:30.90 | 5:12.99 |
| 10:33.99 | -- | 11:36.49 | 12:34.49 | 800 Free | 12:37.59 | 11:39.39 | -- | 10:24.89 |
| 20:19.99 | -- | 22:36.39 | 24:15.79 | 1500 Free | 24:20.19 | 22:40.89 | -- | 20:11.99 |
| :36.19 | :38.90 | :39.99 | :42.49 | 50 Back | :42.29 | :41.79 | :40.00 | :36.79 |
| 1:18.39 | 1:23.00 | 1:25.09 | 1:34.39 | 100 Back | 1:31.39 | 1:27.59 | 1:24.90 | 1:19.49 |
| 2:48.19 | -- | 3:01.19 | 3:25.39 | 200 Back | 3:16.69 | 3:11.89 | -- | 2:47.89 |
| :40.59 | :43.70 | :45.39 | :46.79 | 50 Breast | :47.29 | :48.19 | :44.10 | :40.59 |
| 1:28.19 | 1:33.90 | 1:36.09 | 1:41.89 | 100 Breast | 1:42.49 | 1:42.99 | 1:35.60 | 1:27.29 |
| 3:08.89 | -- | 3:24.89 | 3:49.39 | 200 Breast | 3:37.99 | 3:39.29 | -- | 3:06.39 |
| :33.99 | :36.10 | :38.29 | :39.89 | 50 Fly | :40.19 | :41.09 | :37.40 | :34.09 |
| 1:17.69 | 1:22.00 | 1:27.49 | 1:31.99 | 100 Fly | 1:30.69 | 1:32.09 | 1:24.10 | 1:17.99 |
| 2:52.19 | -- | 3:13.19 | 3:23.29 | 200 Fly | 3:17.39 | 3:41.09 | -- | 2:50.69 |
| 2:46.99 | 2:52.10 | 3:01.79 | 3:15.19 | 200 IM | 3:13.89 | 3:05.89 | 2:54.40 | 2:48.29 |
| 5:53.79 | -- | 7:04.89 | 6:59.79 | 400 IM | 6:56.29 | 7:21.29 | -- | 5:56.79 |

| <i>Girls</i> | | | | <i>13-14</i> | <i>Boys</i> | | | |
|--------------|----------|----------|----------|-------------------|-------------|----------|----------|----------|
| Far West | SOCAL | AZ Q | CC | Event | CC | AZ Q | SOCAL | Far West |
| :29.49 | :30.70 | :31.19 | :31.39 | 50 Free | :29.39 | :30.19 | :29.20 | :28.29 |
| 1:04.59 | 1:05.80 | 1:07.19 | 1:08.09 | 100 Free | 1:03.89 | 1:03.99 | 1:03.40 | 1:00.69 |
| 2:17.69 | 2:24.40 | 2:23.69 | 2:26.19 | 200 Free | 2:18.99 | 2:21.19 | 2:20.10 | 2:11.59 |
| 4:50.59 | 4:58.70 | 4:59.99 | 5:03.49 | 400 Free | 4:52.89 | 4:56.29 | 4:51.40 | 4:42.59 |
| 10:07.19 | 10:57.70 | 10:38.19 | 10:20.99 | 800 Free | 10:04.99 | 10:48.29 | 10:31.20 | 9:47.99 |
| 19:08.59 | 20:19.20 | 21:11.19 | 19:48.09 | 1500 Free | 19:22.59 | 21:43.69 | 20:00.30 | 18:15.99 |
| 1:13.59 | 1:17.80 | 1:18.69 | 1:16.79 | 100 Back | 1:11.89 | 1:15.49 | 1:16.30 | 1:10.99 |
| 2:39.09 | 2:49.90 | 2:46.19 | 2:44.29 | 200 Back | 2:34.89 | 2:43.09 | 2:47.10 | 2:33.29 |
| 1:23.29 | 1:27.40 | 1:28.49 | 1:25.39 | 100 Breast | 1:20.09 | 1:28.59 | 1:25.20 | 1:19.59 |
| 2:59.99 | 3:11.30 | 3:07.19 | 3:03.99 | 200 Breast | 2:54.79 | 3:08.99 | 3:04.80 | 2:52.79 |
| 1:11.59 | 1:15.10 | 1:16.79 | 1:14.09 | 100 Fly | 1:08.99 | 1:14.89 | 1:13.20 | 1:08.79 |
| 2:41.99 | 2:52.70 | 2:52.29 | 2:42.39 | 200 Fly | 2:33.29 | 2:54.39 | 2:47.00 | 2:36.09 |
| 2:36.49 | 2:45.10 | 2:43.49 | 2:45.19 | 200 IM | 2:35.99 | 2:40.09 | 2:40.30 | 2:30.19 |
| 5:37.99 | 5:54.50 | 5:50.39 | 5:47.19 | 400 IM | 5:31.79 | 5:49.79 | 5:41.80 | 5:25.99 |

CC=Cactus Classic

AZ Q=State Championships

SOCAL=SOCAL AG Champs, Ventura

Far West=Far Western Championships, Concord